# What About Now?

**Personal Self-Evaluation** · Madelyn Dionne Writes

Date: _____ Revisit date: _____

Take your time. Complete this over several sessions if helpful. Give specific examples; there is no score and no requirement to share your answers.

## Part One: Examining My Life

### Purpose

**1.** Am I still doing these things for the reasons I began?

**2.** Am I responding to what I believe God has placed before me, or am I creating obligations for myself?

**3.** If the joy diminished, would I still believe the work was worth doing?

### Pace

**4.** Am I choosing my pace, or do I feel driven by it?

**5.** Can I leave something unfinished without feeling I've failed?

**6.** Am I allowing enough time for sleep, rest, and ordinary life?

### Priorities

**7.** Are the people closest to me receiving the attention I want to give them?

**8.** Have I confused what could be done with what needs to be done?

**9.** Am I giving myself permission to say no, even to good opportunities?

### Well-being

**10.** Is my mind generally peaceful, even when my days are busy?

**11.** Has my energy, sleep, or behavior changed in ways that concern me or those who know me?

**12.** Am I experiencing satisfaction from my accomplishments, or do I immediately feel compelled to pursue the next one?

### Faith

**13.** Am I making room to listen to God as well as work for Him?

**14.** Am I measuring faithfulness by the amount I produce?

**15.** If God asked me to be still for a season, could I accept that as faithfully as I accept the work?

## Part Two: The Work and the Worker

### Growth in Quality — Colossians 3:23

**16.** Is the quality of my work improving, and what evidence can I identify?

**17.** Am I developing my gifts and abilities, or relying on what I already know?

**18.** Am I willing to recognize weaknesses in my work and make necessary changes?

**Relevance and Fruitfulness — John 15:5**

**19.** Is my work meeting genuine needs in the lives of others?

**20.** What evidence do I have that my work is bearing fruit beyond simply being produced or appreciated?

**21.** Am I attentive to where God may be directing my work, even when that direction differs from my plans?

**Christlike Conduct — Philippians 2:5**

**22.** Am I treating people with greater patience, compassion, and humility than I did before?

**23.** When I am frustrated, criticized, or misunderstood, does my response reflect Christ's example?

**24.** Am I becoming more willing to serve others without expecting recognition or reward?

**Spiritual Maturity — Galatians 5:22–23**

**25.** Am I seeing evidence of the fruit of the Spirit growing in my daily life?

**26.** Am I becoming more willing to surrender my own preferences to God's direction?

**27.** Looking back over the past year, in what specific ways have I become more like Christ?

## Looking Back at Your Answers

**1.** Which of my answers gave me the greatest encouragement? Why?

**2.** Which answers made me uncomfortable, and what might that discomfort be telling me?

**3.** Do I see a difference between what I believe is important and how I actually spend my time?

**4.** Where can I identify genuine growth? What specific examples support that conclusion?

**5.** Where do I see patterns that need attention or change?

**6.** Am I measuring my progress by activity, recognition, or the fruit of my efforts?

**7.** How do my relationships reflect the priorities I expressed in my answers?

**8.** What do my responses reveal about my willingness to listen, learn, and change direction?

**9.** Where do I see evidence of Christlike character developing in my life?

**10.** What is one area I believe God is calling me to address now?

**11.** What practical step can I take, and how will I recognize progress?

**12.** If I return to these answers in six months, what would I hope to see changed?

## Prayer / notes

If you would find it helpful to talk through your answers, consider sharing them with a trusted pastor, small group leader, Bible study leader, counselor, or mentor. Another perspective may help you recognize growth, identify areas needing attention, and consider your next steps.

*Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting.* — Psalm 139:23–24 (KJV)